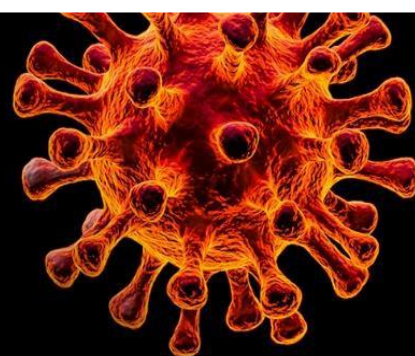


**Christ
For The
Nations**

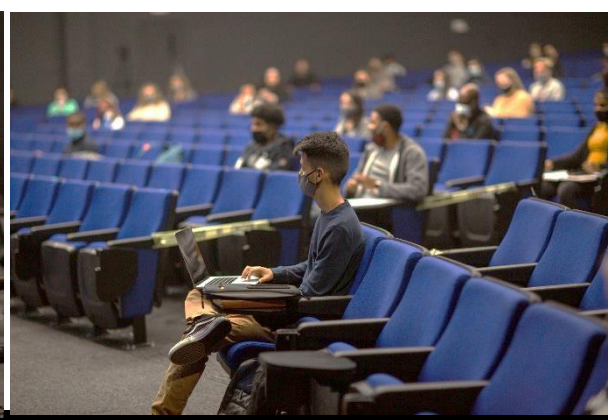
COVID-19

Information and Updates



GUIDE FOR STUDENTS

Spring 2022



GUIDANCE for Spring 2022 semester

Student COVID Cases

- If you are experiencing symptoms of COVID-19, have tested positive, or have been in contact with someone with symptoms or have tested positive, continue to notify your respective Dean for further instruction.
- To minimize exposure time with roommates, any positive cases of COVID amongst single students will result in the positive case moving to an approved location for isolation. Action steps regarding quarantine for roommates of someone who has tested positive will be given by the respective Dean.

Campus Living

- **Campus Nurse**
Located in our Student Center

Student Communication

- Please make sure your email in CAMS is accurate and also check your SPAM folder and approve any CFNI emails that may have been put in that folder so that they go to your inbox going forward.

Quarantine vs. Isolation

<p>Student has been EXPOSED to someone who tested positive for COVID-19 (A ROOMMATE/MEMBER OF SAME HOUSEHOLD)</p>	<p>Students has TESTED POSITIVE for COVID-19</p>
<ol style="list-style-type: none"> 1. Student immediately informs DEAN 2. Student should immediately QUARANTINE <p><i>“Quarantine is to keep someone who might be exposed to COVID-19 away from others”</i></p> <p>3. <u>QUARANTINE FOR 5 DAYS</u></p> <ol style="list-style-type: none"> 4. Stay home for 5 days after your last contact with a person who has COVID-19 5. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19 6. As much as possible, stay away from others, especially who are at a higher risk for getting very sick from COVID-19 <p>You can return to class AFTER</p> <ul style="list-style-type: none"> • You have stayed home for 5 days after your last contact with a person who has COVID-19 <p style="text-align: center;">OR</p> <ul style="list-style-type: none"> • <u>A negative COVID test result is presented to your dean.</u> 	<ol style="list-style-type: none"> 1. Student immediately informs DEAN 2. Student should immediately ISOLATE <p><i>“Isolation is used to separate people infected with COVID-19, from the people who are not infected”</i></p> <p>3. <u>ISOLATE FOR 5 DAYS</u></p> <ol style="list-style-type: none"> 4. Monitor your symptoms. 5. Avoid contact with others 6. Do not share household items (<i>cups, towels, utensils etc.</i>) <p>You can return to class AFTER</p> <ul style="list-style-type: none"> • At least 5 days since symptoms first appeared AND • At least 24 hours with no fever (and no medication for fever) • Symptoms have improved <p style="text-align: center;">OR</p> <ul style="list-style-type: none"> • <u>A negative COVID test result is presented to your dean.</u>

IMPORTANT CONTACT INFORMATION

**Asst. Dean of Men: elijah.bowen@cfni.org
Asst. Dean of Women: christianna.costa@cfni.org
Dean of Families: john.tranel@cfni.org**

Academics: academicdeanassistant@cfni.org



If you test positive for COVID-19, you may receive a phone call from the Dallas County Health Department. You should feel free to speak with the public health workers, and share your information with them.

Do not feel anxious to talk to them – CFNI is working alongside our local county representatives to ensure the best guidance is provided for you. If you have any questions they will be able to help you too!

FREQUENTLY ASKED QUESTIONS

1. What should I do if I am experiencing symptoms for COVID-19?

Contact your Dean immediately. **STAY AT HOME**. Follow guidance on page 2 of this guide.

2. Do I have to get tested for COVID-19 to return back to class?

If you are experiencing symptoms, yes. You are required to get tested, and should not return to class. Please follow the guidance on page 2 of this guide.

3. What should I do if I was exposed to someone who tested positive for COVID-19?

Please inform your Dean immediately (via email). Follow protocol on page 2 of this guide.

4. Will days in quarantine/isolation count against my attendance as a student?

No. Please inform your Dean, as well as the Academic Department if you are in quarantine/isolation and not able to attend class. (Academic Office: academicdeanassistant@cfni.org).

5. Who will take care of me while I am quarantined for 14 days?

Christ for the Nations is not liable for the care of individuals in self-isolation/quarantine, however, we are family. Please reach out to your Dean if you need help, or if you are unable to care for yourself while in quarantine.

7. Do I have to wear a mask/face covering?

No.

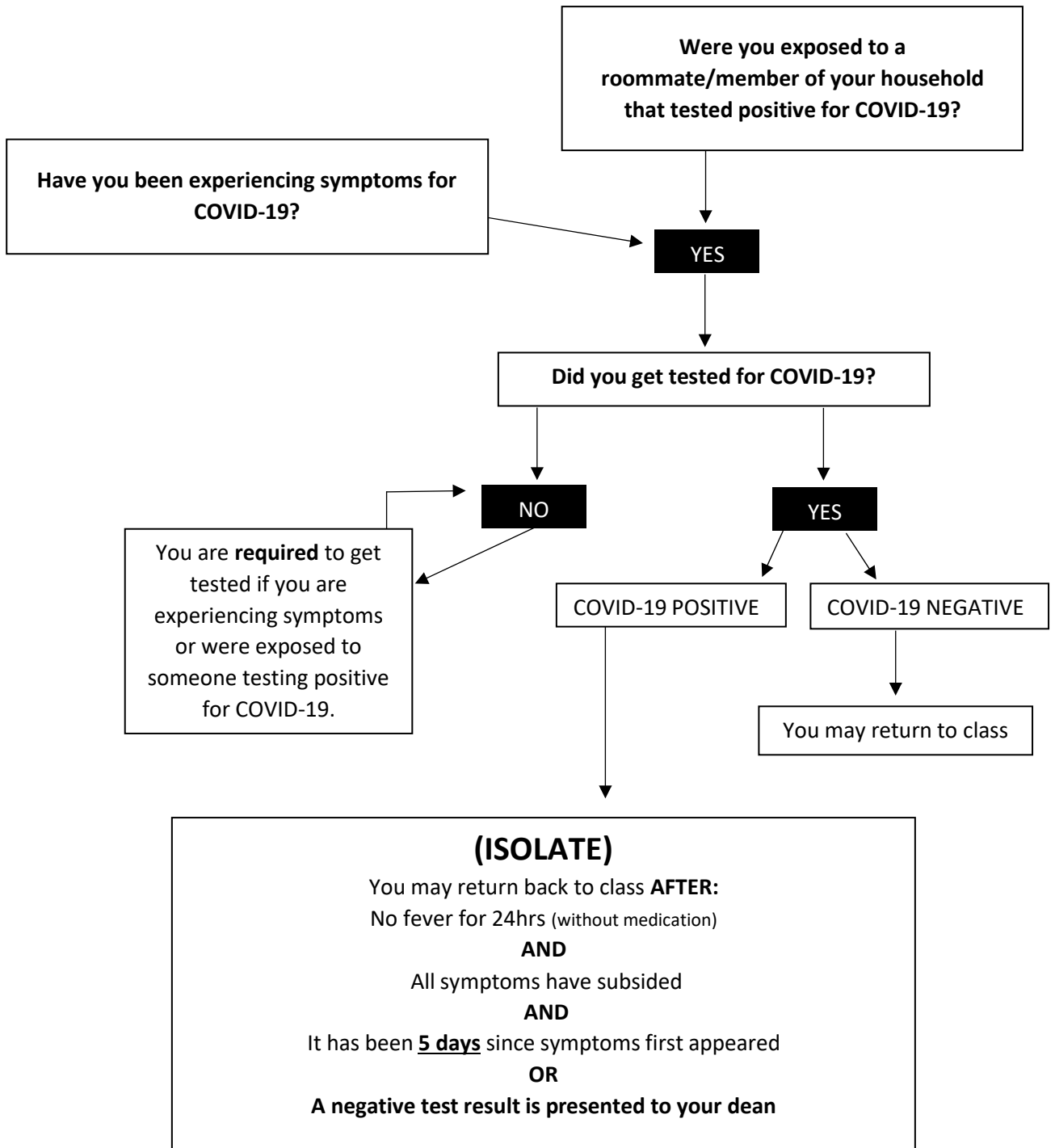
8. Are you checking student temperatures?

No. We are not currently doing temperature checks.

9. Will there be on campus testing?

There will be limited PCR & Rapid testing on campus. Please contact your Dean if you have been exposed or are experiencing symptoms.

FLOWCHART: WHEN CAN I RETURN TO CLASS?



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19

Symptoms of Coronavirus (COVID-19)

Your symptoms can include the following:

Fever



If you have COVID-19, you may have mild (or no symptoms) to severe illness.

Symptoms can appear 2-5 days after you are exposed to the virus that causes COVID-19.

Cough



Seek medical attention immediately if you or someone you love has **emergency warning signs**, including:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or not able to be woken
- Bluish lips or face

Shortness of breath



This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)